



PRINCE EDWARD ISLAND
ÎLE-DU-PRINCE-ÉDOUARD

REGULATED HEALTH PROFESSIONS ACT COUNSELLING THERAPISTS REGULATIONS

PLEASE NOTE

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This document is *not* the official version of these regulations. The regulations and the amendments printed in the *Royal Gazette* should be consulted on the Prince Edward Island Government web site to determine the authoritative text of these regulations.

For more information concerning the history of these regulations, please see the *Table of Regulations* on the Prince Edward Island Government web site (www.princeedwardisland.ca).

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COUNSELLING THERAPISTS REGULATIONS

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REGULATED HEALTH PROFESSIONS ACT
CHAPTER R-10.1
COUNSELLING THERAPISTS REGULATIONS

Pursuant to sections 2 and 96 of the *Regulated Health Professions Act* R.S.P.E.I. 1988, Cap. R-10.1, Council made the following regulations:

PART 1 - INTERPRETATION

1. Definitions

In these regulations

- (a) “**Act**” means the *Regulated Health Professions Act* R.S.P.E.I. 1988, Cap. R-10.1;
- (b) “**Council**” means the Council of the College of Counselling Therapy of Prince Edward Island established under section 3;
- (c) “**counselling therapist**” means a member registered in the register for counselling therapy, except where otherwise provided;
- (d) “**counselling therapy**” means the health profession in which a person
 - (i) uses mental health and human development principles, methods and techniques within a counselling relationship to assist another person with mental, emotional, physical, social, moral, educational, spiritual or career development and adjustment throughout the person’s lifespan, and
 - (ii) engages in research, education, consultation, management or administrative activities incidental to performing the activities referred to in subclause (i);
- (e) “**refresher program**” means a refresher program in counselling therapy consisting of a formal curriculum, a set of individualized assignments of studies and experiences, a set of continuing education credits, a practicum or a combination of these elements.
(EC578/21)

PART 2 - DESIGNATION

2. Regulated health profession

- (1) Counselling therapy is designated as a regulated health profession.

Title protection only

- (2) Counselling therapy is prescribed for the purpose of subsection 2(4) of the Act.

Designations of a member

- (3) For the purpose of subsection 89(1) of the Act, “counselling therapist” and “CT” are designations of a member. *(EC578/21)*

3. College established

The College of Counselling Therapy of Prince Edward Island is hereby established as the college for counselling therapy. *(EC578/21)*

PART 3 - REGISTRATION

Register

4. Parts of register

The register for counselling therapy is divided into the following parts:

- (a) general registration;
- (b) provisional registration;
- (c) special registration. *(EC578/21)*

Registration

5. General registration

An applicant for registration in the general registration part of the register shall

- (a) for the purpose of clause 12(2)(c) of the Act, meet the education requirement set out in section 10;
- (b) for the purpose of clause 12(2)(d) of the Act, have successfully completed the Canadian Professional Standard for Counselling and Psychotherapy (CPSCP): Entry to Practice Competency Assessment;
- (c) for the purpose of clause 12(2)(e) of the Act, have obtained at least 450 hours of practical experience directly with clients, either as a component of the education program set out in section 10 or through subsequent supervised practice;
- (d) for the purpose of clause 12(2)(f) of the Act, demonstrate currency of professional knowledge and skills in accordance with section 12; and
- (e) for the purpose of clause 12(2)(j) of the Act, hold or be covered by professional liability insurance or protection as required in section 13. *(EC578/21; 951/23)*

6. Provisional registration

- (1) Where an applicant under section 5 has not successfully completed the examination required in clause 5(b) or does not have the practical experience required in clause 5(c), the Council may direct the registrar to register the applicant in the provisional registration part of the register, subject to the term or condition that the applicant meets the requirement within a specified time period.

Satisfaction of term or condition

- (2) Where a counselling therapist satisfies the term or condition imposed under subsection (1), the registrar shall register the counselling therapist in the general registration part of the register.

Subject to supervision

- (3) A counselling therapist with provisional registration shall be supervised in practising counselling therapy by a counselling therapist with general registration, approved by the Council.

No reinstatement

- (4) Provisional registration may not be reinstated. *(EC578/21; 951/23)*

7. Special registration

- (1) Where the Council directs the registrar to register an applicant pursuant to subsection 13(3) of the Act, the registrar shall register the applicant in the special registration part of the register.

No renewal or reinstatement

- (2) Special registration may not be renewed or reinstated. *(EC578/21)*

Renewal of Registration**8. Renewal of general or provisional registration**

An applicant for the renewal of general registration or provisional registration shall

- (a) revoked by EC951/23;
- (b) for the purpose of subclause 22(2)(a)(ii) of the Act, demonstrate currency of professional knowledge and skills in accordance with section 12; and
- (c) for the purpose of subclause 22(2)(a)(v) of the Act, hold or be covered by professional liability insurance or protection as required in section 13. *(EC578/21; 951/23)*

Reinstatement of Registration**9. Reinstatement period**

- (1) For the purpose of subsection 24(1) of the Act, the maximum prescribed period of time following a lapse in general registration during which a person may apply for reinstatement is three years.

Reinstatement of general registration

- (2) An applicant for the reinstatement of general registration shall
- (a) for the purpose of clause 24(4)(c) of the Act, demonstrate currency of professional knowledge and skills in accordance with section 12; and
 - (b) for the purpose of clause 24(4)(f) of the Act, hold or be covered by professional liability insurance or protection as required in section 13. *(EC578/21)*

Prescribed Requirements

10. Education

For the purpose of this Part, the requirement with respect to education is

- (a) a master's degree program in counselling therapy approved by Council; or
- (b) education and training that the Council considers substantially equivalent to a program described in clause (a). (EC578/21)

11. Examinations

Revoked by EC951/23. (EC578/21; 951/23)

12. Currency of professional knowledge and skills

- (1) For the purpose of this Part, an applicant shall have done one of the following within the three years preceding the application to demonstrate currency of professional knowledge and skills:
 - (a) successfully completed the educational requirement set out in section 10 or obtained the practical experience required in clause 5(c);
 - (b) actively practised counselling therapy as a counselling therapist authorized by the laws of the jurisdiction of practice to practise without any restrictions, for at least 750 hours;
 - (c) successfully completed a refresher program satisfactory to the registrar.

Failure to demonstrate currency

- (2) Where an applicant fails to demonstrate currency under subsection (1), the Council may require the applicant to successfully complete a refresher program approved by the Council within the time period specified by the Council. (EC578/21)

13. Insurance

- (1) For the purpose of this Part and clause 25(3)(c) of the Act, an applicant or counselling therapist, as the case may be, is required to hold or be covered by professional liability insurance under a policy that provides coverage of not less than \$2,000,000 per claim or occurrence and an aggregate limit of not less than \$2,000,000, excluding legal or court costs.

Valid certificate required

- (2) An applicant or counselling therapist shall provide or ensure the registrar is provided with the most current certificate of professional liability insurance issued by the insurer that confirms the applicant or counselling therapist is insured under a policy that meets the requirements of subsection (1). (EC578/21)

14. Continuing competency

Revoked by EC951/23. (EC578/21; 951/23)

Reserved Activities

14.1 Reserved activity, psychosocial intervention

A counselling therapist may perform the reserved activity of performing a psychosocial intervention with an expectation of modifying a substantial disorder of thought, mood, perception, orientation or memory that grossly impairs judgment, behaviour, the capacity to recognize reality or the ability to meet the ordinary demands of life. (EC752/24)

PART 4 - GENERAL

15. Name of corporation

- (1) For the purpose of clause 15(1)(d) of the Act, the name of a corporation applying for a permit to carry on the business of providing the professional services of a counselling therapist shall be, in the opinion of the registrar, in good taste, dignified and professional.

Change of name

- (2) Before changing its name, a health profession corporation shall obtain written confirmation from the registrar that the proposed name meets the requirements of subsection (1). (EC578/21)

16. Transitional

- (1) A person who, immediately before the date this section comes into force, is a member in good standing of an association set out in the first column of the table below and holds a designation set out in the second column of the table below awarded by that association, is deemed, on and after the date this section comes into force, to be registered in the general registration part of the register:

Counselling Associations and Designations

Association	Designation
1. Association of Cooperative Counselling Therapists of Canada	MTC RTC AC
2. Canadian Art Therapy Association	RCAT
3. Canadian Association for Marriage and Family Therapy	RMFT
4. Canadian Association for Spiritual Care	CSCP CPST
5. Canadian Association of Music Therapists	MTA
6. Canadian Counselling and Psychotherapy Association	CCC
7. Canadian Professional Counselling Association	RPC MPCC
8. International Expressive Arts Therapy Association	REAT
9. North American Drama Therapy Association	RDT
10. Professional Association of Christian Counsellors and Psychotherapists	CPC

Expiry

- (2) The registration of a person referred to in subsection (1) expires 90 days after the date this section comes into force, unless it is sooner revoked, and may be renewed in accordance with section 22 of the Act.

Exception on renewal

- (3) Subclauses 22(2)(a)(i) and (ii) of the Act do not apply to a person referred to in this section the first time the person applies to renew the person's registration. *(EC578/21)*