



Health and
Wellness



Department of Health and Wellness

Annual Report **2010–2011**

Message from the Minister

To the Honourable Frank H. Lewis
Lieutenant Governor of Prince Edward Island

May It Please Your Honour:

It is my privilege to present the Annual Report of the Ministry of Health and Wellness for the fiscal year ending March 31, 2011.

Respectfully submitted,

A handwritten signature in black ink that reads "Doug Currie". The signature is written in a cursive, flowing style.

Doug Currie
Minister of Health and Wellness

Table of Contents

Deputy Minister's Overview

Year in Review	1
Department of Health and Wellness Overview	6
Organizational Structure	6
Finance and Corporate Management	6
Chief Public Health Office	6
Health System Planning and Development	7
Sport, Recreation and Healthy Living	7
Aboriginal Affairs	7

Appendix A – Revenues and Expenditures 2010-2011

Deputy Minister's Overview

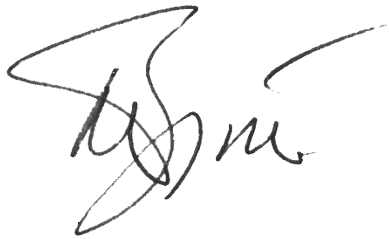
The Honourable Doug Currie
Minister of Health and Wellness
Province of Prince Edward Island

Honourable Minister:

It is my pleasure to submit the 2010-2011 Annual Report for the Department of Health and Wellness. The information included in this report, including the organizational structure, is presented as of March 31, 2011.

I want to thank the dedicated staff of the department for their strong commitment to improving the health and wellness of all residents of Prince Edward Island, and I look forward to the further accomplishments we will achieve by working together.

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'M Mayne', with a large, stylized initial 'M' and a long, sweeping horizontal stroke extending to the right.

Michael Mayne
Deputy Minister, Health and Wellness

The Year in Review

EXPENDITURES

In 2010-11, the Department of Health and Wellness operating budget was \$13.8 million.

In September of 2010, the department partnered with the University of Prince Edward Island to announce the construction of a new building to house the School of Nursing, Department of Family and Nutritional Sciences, and classroom and laboratory space. Government is funding two-thirds of the project, \$7.2 million. The facility is expected to be completed in fall 2011.

ONE ISLAND HEALTH SYSTEM

In the 2008 Speech from the Throne, the Provincial Government made a commitment to build a sustainable, integrated health care system for the future of Prince Edward Island.

The *Health Services Act* came into effect April 10, 2010 which created an Island-wide health services authority, Health PEI. The creation of Health PEI was a major step toward realizing a *One Island Health System* that can provide Islanders with the right care, by the right provider, in the right place and improve access to safe, quality health care for all Islanders.

Leo Steven, former CEO of Sunnybrook Health Sciences Centre, was named the chair of the inaugural Board of Directors for the new health authority.

IMPROVING HEALTH CARE SERVICES FOR ALL ISLANDERS

The department of Health and Wellness administers 25 Provincial Drug Programs. In February 2009, Government announced a review of the provincial drug programs with the goal of enhancing drug coverage and making the programs more equitable and accessible.

In 2010-11, ten new drugs were added to the Provincial Formulary. These ten new medications will support hundreds of Islanders facing colorectal cancer, psoriatic arthritis, severe rheumatoid arthritis, benign prostatic hyperplasia, blood clots, macular degeneration, and ankylosing spondylitis.

To ensure that Islanders and health professionals are better informed about the over 3,000 medications covered under our provincial drug programs, the Prince Edward Island Pharmacare Formulary was made available online this past year.

To help support our aging population, the department has reduced the co-pay for seniors to 25 per cent. This means that Island seniors are only responsible for paying the pharmacy professional fee and \$8.25 per prescription within the program. Our Seniors' Drug Cost Assistance Program is one of the most comprehensive seniors' drug programs in Canada benefitting approximately 18,000 Island seniors.

A new policy initiative will see a reimbursement policy to provide financial assistance for medical travel and medical accommodations to Islanders requiring transplant surgery. This program will be administered by the Out of Province Referral Services section of Health PEI.

ENHANCEMENTS TO PUBLIC HEALTH

The department is committed to increasing vaccine coverage for seasonal influenza and for the 2010-2011 influenza season, the following changes were put in place: no fee for children 6 to 59 months receiving the vaccine at Public Health Nursing; no fee for pregnant women and their close family contacts receiving the vaccine at Public Health Nursing; no fee for pregnant women receiving the vaccine at Obstetricians' offices; and a decrease in the charge of doses for those who present to Family Health Centres across PEI.

An addition to the Provincial Immunization Program will protect infants in the province from one of the most common causes of gastrointestinal infection and hospitalization in young children worldwide -- rotavirus. Infants are now offered the vaccination when they present for their two-month immunization at Public Health clinics.

The prevention and control of the spread of infectious diseases within the population is the goal of the department's Communicable Disease Program. A cornerstone of this program is the ongoing monitoring of the incidence of communicable diseases over time. The identified trends help inform the development and implementation of public health interventions and programs in the province. This fiscal year, the Chief Public Health Office, with the assistance of Information Technology Shared Service (ITSS), has created a new communicable disease database to enhance our surveillance program.

The Needle Exchange Program started in Prince Edward Island in April 2009. The program began in two locations, Charlottetown and Summerside. In 2010, the program expanded to West Prince and plans are underway to open a Needle Exchange Program in Montague. The primary goal of the Needle Exchange Program is to prevent the transmission of Hepatitis C, Hepatitis B and HIV by providing clean equipment for Intravenous Drug Users (IDU). The program is a harm reduction initiative and offers services such as counseling, health teaching, immunization, wound care, safe needle disposal and referrals.

ENCOURAGING HEALTHY AND ACTIVE LIVES AT EVERY AGE

The Living a Healthy Life program helps people with ongoing health conditions overcome daily challenges and maintain active and fulfilling lives. Throughout the program, people develop the skills they need to help themselves cope with their disease and gain the confidence and motivation necessary to manage their health and feel more positive in their lives. Since its inception in 2008, the program has reached over 400 Islanders across 16 Island communities. In 2010-11, there were 15 programs offered with 171 participants registered.

Tobacco Reduction and Control is a key initiative in the department's goal of encouraging healthy life choices.

The department supports tobacco reduction and control efforts through monitoring trends using national surveillance and continuing financial support and collaboration with partners of the PEI Tobacco Reduction Alliance (PETRA). The department also supports Islanders stay tobacco-free through the enforcement of the *Smoke-Free Places* and *Tobacco Sales and Access Act*, the QuitCare program, nicotine replacement therapies and financial support for the *Smokers' Helpline*.

ENCOURAGING HEALTHY AND ACTIVE LIVES AT EVERY AGE (con't)

The department, along with the Department of Education and Early Childhood Development, provides financial support to SWITCH (Students Working in Tobacco Can Help!), a high-school based peer education program to raise awareness about the dangers of tobacco use. For 2010-11, the program expanded its focus to include other lifestyle risk factors.

The department is committed to ensuring all Islanders have access to physical activity programs in their community.

In May 2010, go!PEI was launched as a province-wide physical activity and health eating initiative. The program supports Islanders in taking charge of their personal health and improving their quality of life. The Province is providing funding for local partners to lead programs such as go! 101 Courses, Learn to Run Programs, Cycling Initiatives, Healthy Eating Activities, Walking or Hiking Programs, Cooking Classes, Veggie Box Programs, or Community Gardens. go! PEI is being administered by Recreation PEI in partnership with the Department of Health and Wellness.

The department also enhanced funding to the Provincial Amateur Sport Support Program, government's primary program to assist over 40 Provincial Sports Organizations (PSOs). Through the Amateur Sport Support Program, government provides direct financial support annually to PSOs for their day-to-day operations and to assist their ongoing efforts in developing athletes, coaches and officials. This new funding will more than double the total program budget and will result in increased funding for the Travel Funding Grant, the Sport Projects Grant and the Administration/Operations Grant.

This year the department announced a new Active Start Initiative to help Island children develop confidence in their ability to participate in sport and recreation activities to foster a lifelong enjoyment of activity.

Through this new initiative, parents and children are given the Let's Get an Active Start toolkit at their 18-month visit with their Public Health Nurse. The toolkit includes a wealth of information about childhood obesity, physical literacy, fundamental skills and development for sport and for physical fitness. The toolkit also includes a bean bag for the child to play with and a collection of games and activities for parent or educators to engage in with their child. An early start in physical activity enhances development of brain function, coordination, social skills, gross motor skills, emotions, leadership, and imagination. It also helps children build confidence, develop posture and balance, build strong bones and muscles, promote healthy weight, reduce stress, improve sleep, learn to move skillfully, and learn to enjoy being active.

In February 2011, Prince Edward Island sent approximately 240 athletes, team officials, artists and mission staff to the 2011 Canada Winter Games in Halifax, Nova Scotia. The Department of Health and Wellness provides funding to Team PEI to support team preparation and coach certification and development. Prince Edward Island collected 6 medals during the Games -- 2 Gold medals and 4 Bronze.

PROVIDING BETTER ACCESS TO HEALTH CARE PROVIDERS

The recruitment and retention of skilled health care professionals has been a priority of the department and, as such, the Recruitment and Retention Secretariat was created in 2009.

As of March 31, 2011, there are 226 physicians practicing in PEI. Of that, 90 are family physicians (compared to 81 in 2006).

In December 2007, Government announced the development of the PEI Family Medicine Residency Program. The first group of residents began their residency in 2009 and will graduate in the spring of 2011.

The department has partnered on a new pilot project to research and implement a retention toolkit for internationally educated health professionals (IEHP) employed in the Atlantic region. This project will design, pilot and deliver a retention toolkit for internationally educated health professionals (IEHP) at three test sites, based on new and best practices in communities across Canada that help attract, integrate and retain IEHP newcomers. In addition, a Navigator will be hired to assist IEHP's and their families as they enter our provincial health system, a new retention committee has been formed by community leaders, and a Welcome Corner will be established at the local library as a resource center for our IEHPs and their families. Summerside was chosen as a pilot for this project.

The Recruitment and Retention Secretariat recognizes the importance of "growing our own." This translates into making investments in programs to encourage Island students to pursue education in health professions.

This year, the Recruitment and Retention Secretariat and the PEI Health Sector Council partnered to create a new career fair focused on health sector jobs. UPEI Science Students were invited to learn firsthand about health care career opportunities available for them to pursue in Prince Edward Island. Professions represented at the Career Fair were: Biomedical Engineering Technology, Dietetics, Dosimetry, Family Medicine, Medical Lab Technology, Medical Physicist, Occupational Therapy, Pharmacy, Physiotherapy, Psychology, Prosthetics/Orthotics, Physics Assistant, Radiological Technology, Radiation Therapy, Nursing, Respiratory Therapy, Speech Language Pathology, Specialist Medicine and Social Work.

The department invested to support UPEI's new Accelerated Nursing Program which began in January 2009. The 14-seat program is an intense, compressed program in which students complete the requirements of the standard four-year nursing program in 24 months to receive a Bachelor of Science degree in nursing. The first fourteen students began the program in January 2009 and graduated in December 2010. The Accelerated Nursing Program increases the number of nursing seats at UPEI to 74.

ABORIGINAL AFFAIRS

The Government of Canada, the Government of Prince Edward Island and the Mi'kmaq First Nations of Prince Edward Island signed an historic Memorandum of Understanding (MOU) on education. The MOU will support the province's First Nation learners from early childhood through to post-secondary education. The MOU provides a common vision for the educational success of Mi'kmaq learners, supporting them in reaching their full learning potential.

The Aboriginal Affairs Secretariat provided funding for the John J. Sark Memorial Scholarship to recognize three Aboriginal students per year who achieve academic success at the University of Prince Edward Island.

The Native Council of Prince Edward Island received funding from the federal and provincial governments to support its National Native Alcohol and Drug Abuse Program.

The Secretariat also provided annual grant funding to the Aboriginal Women's Association which assists that organization's ability to address specific issues related to Aboriginal women on PEI.

DEPARTMENT OF HEALTH AND WELLNESS OVERVIEW

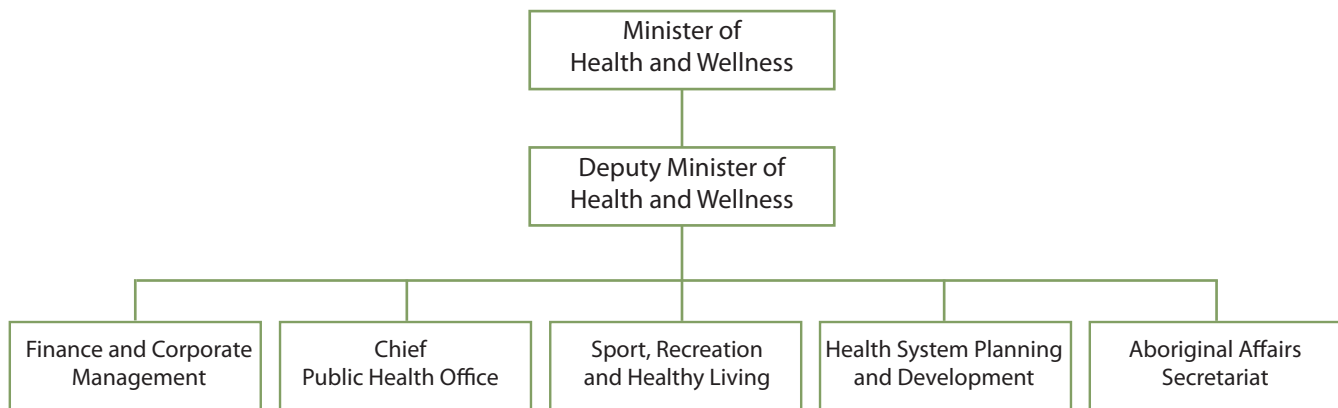
The Department of Health and Wellness is responsible for providing quality health care to the citizens of Prince Edward Island.

The role of the Department is to:

- provide leadership in maintaining and improving the health and well-being of citizens;
- provide leadership in innovation and continuous improvement and to provide specific high quality administration and regulatory services to the health system and Islanders;
- provide policy, program and operational leadership respecting the Island health care system; and
- provide horizontal leadership and coordination in the implementation of Government's Healthy Living Strategy

The Department of Health and Wellness is managed by a departmental management committee comprised of the Deputy Minister and five senior directors. This group is responsible for providing overall management direction to the department and for overseeing long-term strategic planning.

ORGANIZATIONAL STRUCTURE (AS OF MARCH 2011)



FINANCE AND CORPORATE MANAGEMENT

This Division is responsible to support and assist the Department of Health and Wellness in the areas of human resource management, financial management, communications, and the administration of the *Freedom of Information and Protection of Privacy Act* for the department.

CHIEF PUBLIC HEALTH OFFICE

The Chief Public Health Office provides leadership and guidance in public health practice including health protection, health promotion, disease prevention, surveillance, health emergency management and research to the Department of Health and Wellness, Government and all Islanders.

The Chief Public Health Office is responsible for the administration and enforcement of the PEI *Public Health Act* and Regulations and for the following programs and services: Epidemiology, Environmental Health, Communicable Disease Program, Immunization Program, Infection Prevention and Control Program, Needle Exchange Program, Reproductive Care Program, Health Emergency Management and Vital Statistics.

HEALTH SYSTEM PLANNING AND DEVELOPMENT

The Health System Planning and Development (HSPD) Division provides leadership and direction to planning, policy analysis and development and legislative initiatives which set the operating frame for Health PEI, as defined under the *Health Services Act*. Additionally, HSPD supports health workforce planning through the management of strategic recruitment and retention initiatives.

This involves policy leadership respecting the Island health care system; planning and program leadership respecting the Island health care system; legislation and regulation development; regulatory services related to community care facilities and private nursing homes; and health human resource planning, recruitment and retention.

SPORT, RECREATION AND HEALTHY LIVING

The Sport, Recreation and Healthy Living Division is responsible for encouraging Islanders to be active through sport, recreation and other physical activity pursuits. This mandate is achieved through a wide variety of partnerships with sport, recreation and active living organizations throughout the province. The division provides grants and consultation services to a number of provincial, regional and community groups. As well, the division relates to a variety of provincial and federal government departments and national and interprovincial organizations both government and non-government.

Programs under this division include: Amateur Sport Support Program, Community Recreation Support Program, Chronic Disease Prevention, Living a Healthy Life, Go!PEI and Bilateral Agreements.

ABORIGINAL AFFAIRS SECRETARIAT

The Aboriginal Affairs Secretariat is a division of the Department of Health and Wellness. In addition to offering a central point of contact for First Nations and Aboriginal organizations, the Secretariat provides a means by which to promote inter-departmental communication and cooperation on governmental matters related to Aboriginal Affairs.

The division is also responsible for managing all archaeological activities conducted within Prince Edward Island as prescribed under the *Archaeological Act* and its Regulations. Responsibilities include archaeological site identification, management and protection, promoting public awareness, and engagement with interest groups.

APPENDIX A

EXPENDITURES AND REVENUE

	2010-2011 Budget Forecast	2010-2011 Budget Estimate
	\$	\$
EXPENDITURE		
FINANCE AND CORPORATE MANAGEMENT	1,165,300	1,428,800
HEALTH POLICY AND PROGRAMS	3,723,000	3,908,300
CHIEF PUBLIC HEALTH OFFICE	3,965,900	4,057,100
SPORT, RECREATION AND HEALTHY LIVING	3,579,800	3,694,700
ABORIGINAL AFFAIRS	661,200	494,500
TOTAL EXPENDITURE	13,095,200	13,582,400
REVENUE		
HEALTH AND WELLNESS	1,121,700	938,900
TOTAL REVENUE	1,121,700	938,900

	2011-2012 Budget Forecast	2011-2012 Budget Estimate
	\$	\$
FINANCE AND CORPORATE MANAGEMENT		
General		
Appropriations provided for the administration of the Minister's and the Deputy Minister's offices and to support the Department in carrying out its corporate management responsibilities in the areas of financial administration and monitoring, human resource management, and communications		
Administration	61,800	58,400
Equipment	21,500	21,500
Materials, Supplies and Services	42,900	45,400
Professional and Contract Services	55,900	79,500
Salaries	940,900	1,176,500
Travel and Training	42,300	46,500
Total General	1,165,300	1,427,800
TOTAL FINANCE AND CORPORATE MANAGEMENT	1,165,300	1,427,800

HEALTH POLICY AND PROGRAM

Health Policy and Programs

Appropriations provided to support the Department in carrying out its corporate management responsibilities in the areas of planning and evaluation, health policy development and analysis and legislation

Administration	24,500	24,900
Equipment	2,900	600
Materials, Supplies and Services	9,200	9,200
Professional and Contract Services	42,100	67,500
Salaries	889,000	1,081,800
Travel and Training	26,700	28,800
Grants	5,300	5,300

	2011-2012 Budget Forecast	2011-2012 Budget Estimate
	\$	\$
Total Health Policy and Programs	999,700	1,218,100

Health Recruitment and Retention

Appropriations provided for the Health Recruitment and Retention Secretariat to provide workforce planning and support the development and implementation of recruitment and retention strategies for physicians, nurses and other healthcare professionals experiencing shortages

Administration	13,700	15,700
Equipment	4,700	4,500
Materials, Supplies and Services	97,200	151,300
Professional and Contract Services	30,500	30,500
Salaries	1,115,600	1,083,600
Travel and Training	20,700	20,700
Grants	1,440,900	1,383,900
Total Health Recruitment and Retention	2,723,300	2,691,200
TOTAL HEALTH POLICY AND PROGRAMS	3,723,000	3,908,300

PUBLIC HEALTH

Chief Public Health Office

Appropriations provided for administration of the *Public Health Act*, supervision of provincial public health programs, immunization programs, disease surveillance and communicable disease control.

Administration	25,400	20,700
Equipment	3,000	-
Materials, Supplies and Services	1,374,700	1,448,500
Professional and Contract Services	340,600	175,300

	2011-2012 Budget Forecast	2011-2012 Budget Estimate
	\$	\$
Salaries	499,700	700,800
Travel and Training	29,000	26,100
Grants	31,500	31,500
Total Chief Public Health Office	2,303,900	2,402,900

Epidemiology

Appropriations provided to monitor and report to the public on health status and trends in the Province and to support evidence-based decisions and continuous improvement throughout the Health System

Administration	6,000	3,600
Equipment	-	1,400
Materials, Supplies and Services	900	2,700
Professional and Contract Services	25,000	25,000
Salaries	340,700	370,900
Travel and Training	4,400	5,300
Total Epidemiology	377,000	408,200

Environmental Health and Inspection Services

Appropriations provided for the services to educate, consult and inspect under the Public Health Act in areas such as food protection, occupational health, accommodations and slaughter houses. Inspection services also include enforcement under the *Tobacco Sales & Access Act* and *Smoke-free Places Act*.

Administration	11,700	11,700
Equipment	4,500	3,500
Materials, Supplies and Services	7,300	10,600
Professional and Contract Services	72,000	63,100
Salaries	677,700	754,000
Travel and Training	63,7000	54,200

	2011-2012 Budget Forecast	2011-2012 Budget Estimate
	\$	\$
Total Environmental Health and Inspection Services	836,900	897,100

Vital Statistics

Appropriations provided for the Office of Vital Statistics which is responsible for the collection, registration and maintenance of vital event information for the Province include: births, deaths, marriages, adoptions, divorces, stillbirths and changes of name.

Administration	12,500	9,400
Equipment	3,400	400
Materials, Supplies and Services	11,000	12,900
Professional and Contract Services	57,700	2,500
Salaries	358,500	319,000
Travel and Training	5,000	4,700
Total Vital Statistics	448,100	348,900
TOTAL CHIEF PUBLIC HEALTH OFFICE	3,965,900	4,057,100

SPORT, RECREATION AND HEALTHY LIVING

General

Appropriations provided for development, implementation, delivery and monitoring of programs and services in the areas of sport, recreation, active living and disease prevention.

Administration	18,000	19,600
Equipment	4,100	4,100
Materials, Supplies and Services	29,900	34,600
Professional and Contract Services	18,500	25,000
Salaries	692,800	786,100
Travel and Training	45,700	54,500

	2011-2012 Budget Forecast	2011-2012 Budget Estimate
	\$	\$
Grants	2,770,800	2,770,800
Total General	3,579,800	3,694,700
TOTAL SPORT, RECREATION AND HEALTHY LIVING	3,579,800	3,694,700
ABORIGINAL AFFAIRS SECRETARIAT		
General		
Appropriations provided to cover Aboriginal-specific programs and initiatives under the Canada-PEI-Mi'kmaq Partnership Agreement together with grants to the Native Council of Prince Edward Island and the Aboriginal Women's Association.		
Administration	10,700	15,000
Equipment	11,500	7,600
Materials, Supplies and Services	10,700	11,500
Professional and Contract Services	50,000	91,100
Salaries	222,500	199,200
Travel and Training	20,400	20,400
Grants	335,400	149,700
Total General	661,200	494,500
TOTAL ABORIGINAL AFFAIRS SECRETARIAT	661,200	494,500
TOTAL DEPARTMENT OF HEALTH AND WELLNESS	12,988,000	13,591,700