WHAT DOES THE PROGRAM COVER?

The PEI Smoking Cessation Program covers one full course (12 weeks) of treatment, once per year, for **one** of the following products:

- Gum, lozenges, inhalers or nicotine patches
- Prescription quit smoking medication: Bupropion (brand name Zyban®) or Varenicline (brand name Champix®)





All residents of PEI who smoke or use other tobacco products, and are ready to quit, are eligible to participate.



WHAT ARE NICOTINE REPLACEMENT THERAPY (NRT) PRODUCTS?

NRT products are over-the-counter medications that contain nicotine. They can help you quit smoking by allowing you to slowly reduce the amount of nicotine in your body.



WHAT ARE PRESCRIPTION QUIT SMOKING MEDICATIONS?

Burpropion and Varenicline do not contain nicotine. They act on the brain to help you quit smoking and reduce cravings. Discuss with your health care provider if these medications might be right for you.



HOW CAN I ACCESS THE PROGRAM?

Make an appointment with a nurse at your nearest Primary Care Network office to discuss your readiness to quit smoking and the options available to you.

FIND HELP NEAR YOU

WEST PRINCE PRIMARY CARE NETWORK

Tyne Valley Health Centre 6905 Rte 12, Tyne Valley, PE, COB 2CO	(902) 831-5800
O'Leary Health Centre 14 MacKinnon Drive, O'Leary, PE, COB 1VO	(902) 859-3929
Alberton Health Services c/o Western Hospital, 148 Poplar Street, Alberton, PE, CoB 1B0	(902) 853-0403

Outreach services provided at the Tignish Co-op Health Centre and Lennox Island Health Centre.

EAST PRINCE PRIMARY CARE NETWORK

Kensington Health Centre 55 Victoria Street, Kensington, PE, CoB 1Mo	(902) 836-0180
Harbourside Health Centre (Summerside) 243 Heather Moyse Drive, Summerside, PE, C1N 5R1	(902) 432-2600
Evangeline Health Centre	(902) 854-7259

Evangeline Health Centre (902) 854-(Wellington) 48 Mill Road, Wellington, PE, CoB 2Eo

Outreach services provided at the Summerside Medical Centre.

OUEEN'S WEST PRIMARY CARE NETWORK

Four Neighborhoods Health Centre (Charlottetown) 152 St. Peter's Road, Charlottetown, PE, C1A 5P8	(902) 569-7772
Cornwall Medical Centre (Cornwall)	(902) 566-2117

Cornwall, PE, CoA 1Ho

Central Queens Health (902) 621-3050

Centre (Hunter River) 4276 Hopedale Road, Hunter River, PE, COA 1NO

401 Trans-Canada Highway,

Gulf Shore Health Centre (902) 963-7835 (North Rustico)

7379 Cavendish Rd - Rte. 6, North Rustico, PE, CoA 1X0

Outreach services provided at Sherwood Medical Centre, Parkdale Medical Centre, and Crapaud.

QUEEN'S EAST PRIMARY CARE NETWORK

Polyclinic (Charlottetown) (902) 620-3260 199 Grafton Street, Charlottetown, PE, C1A 1L2

Outreach services provided at Boardwalk Professional Centre, Holland College, and Morell walk-in clinic.

KING'S PRIMARY CARE NETWORK

Montague, PE, CoA 1Ro

Eastern King's Health (902) 687-7033 Centre (Souris) 7 Green Street, Souris, PE, CoA 2B0

Montague Health Centre (902) 838–0830 407 MacIntyre Avenue,

For more information, including a complete list of locations to access the program, please visit PRINCEEDWARDISLAND.CA/QUITSMOKING