## **Health** PEI

## **Guide to Laboratory Services**

# How to Collect a Pinworm Specimen

**Note:** Specimens are best obtained a few hours after the person has retired, perhaps at 10 or 11 PM, or the first thing in the morning <u>before a bowel</u> movement or bath.

IMPORTANT: TO ENSURE ACCURATE TEST RESULTS, PLEASE FOLLOW THESE INSTRUCTIONS CAREFULLY.

#### **Collection container:**

Use the Pinworm Collection Kit provided

#### **Collection Instructions:**

- DO NOT wipe or wash the anal area before collecting the specimen.
- Remove lid from container. Sticky paddle is attached.
- Pressed gummed surface of paddle against several areas of the skin around and across the anal opening.
- Replace paddle in container and tighten cap.

### After Collecting the Specimen:

- Wash hands thoroughly.
- Clearly label the container with patient's NAME and Provincial Health Card
  Number (as they appear on Health Card) and the Date and Time of collection.
- Take the specimen to the laboratory as soon as possible.

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